

June 26, 2023

Agricultural Mental Health Forum Launched

Do More Ag has launched a new peer-support mental health platform

The [Do More Agriculture Foundation](#) is the national voice and champion for mental health in Canadian agriculture. It is working to change the culture of agriculture to one where all are encouraged, supported, and empowered to take care of their mental wellbeing. Do More Ag has launched [AgTalk](#), a peer-to-peer support platform designed for individuals in the Canadian agriculture industry. It provides a safe and anonymous space where individuals over the age of 16 can connect, share, and receive support from a community of peers that understand their unique experiences. This platform offers free, 24/7, clinical moderation for open discussions on mental health in both English and French.

AgTalk is designed to support individuals in their next steps towards improved mental wellbeing, allowing them to share and connect when they are ready. The clinically moderated environment will provide an added layer of support and wellbeing for community.

To access this free support, community members are encouraged to [create an account](#) to get started. This is not meant to be a substitute for professional medical advice, diagnosis, or treatment. If you are in a crisis, please visit your local emergency department or call 911 immediately.

Kallie Wischoff

Policy Advisor

825.319.2245

kallie@RMAAlberta.com

Wyatt Skovron

Manager of Policy & Advocacy

780.955.4096

wyatt@RMAAlberta.com