

October 3, 2018

## Sign up for the Alberta Nutrition Report Card Webinar Series

Good food and nutrition are essential to promoting health and preventing chronic diseases in children and youth. Eating habits are influenced by settings in which individuals live, play, and grow. Municipalities have a role in fostering environments that provide and encourage healthy food choices. For example, did you know that municipal zoning can limit unhealthy food vendors near schools? Benchmarking Food Environments Project based out of the University of Alberta have partnered with the Alberta Policy Coalition for Chronic Disease Prevention (APCCP), AUMA, and RMA to host a free, two-part webinar to introduce the [Alberta Nutrition Report Card](#).

The objective of the webinar series is to highlight areas for action and provide practical tools and strategies to support healthy food environments. There will also be opportunities to discuss how municipalities can apply tools and strategies locally. The webinars will take place on [November 7](#) and [November 27](#) from 1:30pm to 3:00pm. Please click on the date links to register.

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